

Separation|Attachment + Phase-In

Separation is a child-led process to develop trust in separation with positive **attachment**. The length of this process will be different from child to child depending upon the observations your child's teachers make of your child's experience and needs each day.

SEPARATION SUPPORTS: pick an item your child may want to have as a **transitional object** and send an **individual picture of your child** and a **family photo** so we can create a strong home-school connection.

1. **BUILD TRUST**, Day 1 + 2 Play in the classroom with teachers and your child.
 - Make connections with teachers and show your child you trust the adults in the space.
2. **SHOW TRUST**, 2 DAYS+ Move to the side of the classroom or yard and work on something of your own.
 - Have a book or papers (not just a phone) to work on, so your child sees you engaged in something while still occupying the same space as them. You're close AND they are cared for.
3. **PRACTICE "SEE YOU LATER,"** 3 DAYS+ Have a 5 minute goodbye and come right back.
 - You will do this once a teacher has communicated to you that they feel you and your child are ready.
 - Say something like, "I'm going to grab a coffee. I will be back in 5 mins."
 - If your child has a strong reaction, stick to what you have said and follow through with stepping out. If your child physically holds on to you, remove them from your body and hand them to the teacher.
 - When you return, go straight to your child and say, "Look I came back, I'll always come back."
 - You can pause to reconnect with your child playing together or having a cuddle and eventually move back to working on the side of the room or yard.
4. **REINFORCE "SEE YOU LATER,"** 2 DAYS+ Have a 20 minute goodbye.
 - This will happen after one or two days of a short goodbye, a teacher will let you know.
 - Say something like, "I need to make a phone call. You are going to read/build/draw with Heather/Laura. I will see you in 20mins." Again, stick with your message and follow through by stepping out.
5. **PRACTICE DROP-OFF**, 2 DAYS+ Drop off in the morning and plan a set time to step into the classroom.
 - "I came to see what you're working on. Show me what you're doing with Laura/Heather!"
6. **DROP-OFF** Saying goodbye for the whole school day.
7. **RE-PRACTICE** Some children need to return to practice previous steps at various points.

Phase-in
Sept 2021

September						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
9 + 10th	School Visits					
9th (PM)	Meet + Greet and Orientation					
13	First Day of School					
16	Yom Kippur - NO SCHOOL					
13th - 22nd	Phase-in					

School Visits (1 slot/family)	Meet + Greet and Orientation	Phase-in Schedule*
Th Sept 9th	Fri Sept 10th	*attending on your regular school days
8:15-8:45	8:15-8:45	Sept 13th - 22nd
9:00-9:30	9:00-9:30	Mon Sept 13
9:45-10:15	9:45-10:15	Tues Sept 14 8:30-10:30
10:30-11:15	10:30-11:15	Wed Sept 15
11:30-12:00	11:30-12:00	Thurs Sept 16 <i>no school</i>
		Fri Sept 17
		Mon Sept 20 8:30-12:30
		Tues Sept 21
		Wed Sept 22 8:30-3:30